



KOMISJA SZYBOWCOWA
AEROKLUBU POLSKIEGO

FAI

International Gliding Commission

Proposal by Aero Club of Poland

It is Proposed:

To establish following rules regarding compulsory rest day during competitions:

- There shall be at least one rest day every eight flying days,
- Flying day means every contest day scheduled for competition flying,
- Consent of all teams (Team Captains) is required to move the rest day forward.

This proposal affects:

- Sporting Code, Section 3 Gliding, Annex A, p. 1.2.3

Reasons supporting the proposal:

Competition flying is demanding and exhausting activity in both psychological and physiological aspects. Accumulating fatigue is well known contributing factor in aviation accidents and incidents and so mitigating measures are incorporated in aviation related regulations. Current regulation in Annex A seems to be too flexible when contradictory interests of organizers and competitors face each other. Therefore we propose to specify the reasonable limit of consecutive competition flying days number which when obeyed should protect the pilots against accumulating fatigue and resulting increasing risk of making a fatal error.

*Artur Rutkowski
IGC delegate, Poland*